MACLEAY VALLEY TRAVEL PTY. LTD.

33 Smith Street, Kempsey
NSW 2440
Australia

Email: info@macleayvalleytravel.com
Website: www.macleayvalleytravel.com

Telephone (02) 6562·6699
Toll Free 1800 81·0809
Fax (02) 6562·6276

Mongolia Adventure Tour

13 Day Conducted Tour

for only **$7,655** per person twin share

This price includes airport taxes and levies

The price for this unique destination includes all of the following:

- Return Economy Class airfares from Sydney and Brisbane to Ulaanbaatar with Korean Air.
- A flight within Mongolia.
- An eleven day adventure tour of fascinating Mongolia, visiting Ulaanbaatar, the Gobi Desert, Bayanzag, Khongor Sand Dunes, Yolyn Am, Karakorum and more. The touring outside the capital Ulaanbaatar will be in passenger vans which are suited to Mongolia's rugged terrain.
- Nearly all meals and transfers and transport.
- An overnight stay in South Korea.
- Prepaid gratuities to the tour guides and drivers.
- Good accommodation, mainly 4 star in Ulaanbaatar. Outside this city your accommodation will mainly be in lodges or Mongolia's unique Ger Camps, most with private ensuite facilities.
- Services of English speaking tour guides in Mongolia. If there are 15 or more participants, there will be an Australian tour escort.

For a single room there is an additional cost of $1280.

Join Macleay Valley Travel on this exclusive tour, limited to a maximum of about 24 passengers.

Tour departs Australia 12th August and returns 24th August 2027

Itinerary for Mongolia Adventure Tour

Included meals are indicated as B = Breakfast, L = Lunch, D = Dinner

12.08.27 **Australia – Incheon, South Korea**
Depart Sydney at 7.55am on KE 402, arriving in Incheon Airport at 5.35pm.
Depart Brisbane at 8.40am on KE 408, arriving in Incheon Airport at 5.35pm.
Upon arrival in South Korea we make our way to the hotel for an overnight stay.

13.08.27 (L/D) **Incheon – Ulaanbaatar, Mongolia**
Early this morning we return to the airport.
Depart Inchon at 8.35am on KE 2043, arriving in Ulaanbaatar at 11.10am.
Upon arrival, we meet our guide, drop off our luggage and then have an included lunch.
After lunch we commence a city tour, taking us through some of the principal sights. The tour takes us to the Genghis Khan Monument on Sukhbaatar Square and the National Museum of Mongolia, which has a number of fascinating displays of traditional Mongolian clothing and weaponry as well as exhibits charting the course of Genghis Khan's empire-building.
Like nearly one half of the Mongolian population, the capital city of Ulaanbaatar itself is a nomad. The city has changed locations more than twenty times over the past 350 years before taking root in her current location in a sweeping valley bounded by four sacred peaks, including Bogd Khan Mountain to the south. Indeed there aren't many world capitals in which you can ride a horse, visit a nomadic family and enjoy fine dining and luxurious spa treatments all in the same day. Ulaanbaatar today is a vibrant city of more than one million residents. The city reflects a close and sometimes amusing juxtaposition of nomadic traditions and modern society, perhaps best summarised by her skyline dotted with both gers (felt tents) and towering skyscrapers. The city's contrast can also be found among those who call it home, from traditional clothing clad herders, to Armani suit wearing business men and women, to a growing number of expatriates hailing from nearly every corner of the globe. Only in Ulaanbaatar might you find a horse cart bouncing down the central avenue alongside a Mercedes Benz, or a market selling both livestock and designer clothing. In short, there is something for everyone and always a sight to behold in Ulaanbaatar. Lunch and dinner today are included.
Accommodation: Best Western Premier Tuushin Hotel or similar

14.08.27 (B/L/D) **Ulaanbaatar – Tsagaan Suvarga**
After an early breakfast, we depart by road for Tsagaan Suvarga (also known as the White Stupa). We stop for lunch on the way and arrive at our destination in the afternoon. Upon arrival, we explore this spectacular formation of colourful limestone cliffs, shaped over millions of years when the area was once beneath the ocean. Rising up to 50 metres high and stretching 400 metres long, the cliffs create a stunning landscape resembling an ancient city. Enjoy a walk around the site and capture panoramic views. We overnight at a tourist ger camp near Tsagaan Suvarga.
Approximate drive time today is 7 hours.
Accommodation: Gobi Caravanserai Lodge or similar

15.08.27 (B/L/D) **Tsagaan Suvarga – Yolyn Am**
After breakfast we have a 4-5 hour drive to Yolyn Am Valley. Located in Gobi Gurvan

Saikhan National Park, this spectacular narrow gorge is surrounded by towering cliffs and is known for its dramatic scenery, rare wildlife and unique ice formations that can remain frozen well into summer. We visit the small nature museum, then have a 1-3 hour hike through the gorge to explore its beautiful landscapes and mountain stream. Horse riding is also available as an optional experience, but should be pre-booked.
Dinner and overnight at a ger camp near Yolin Am.
Accommodation: Gobi Mirage or similar

16.08.27 Yolyn Am - Khongor Sand Dunes

(B/L/D) This morning we journey to the magnificent Khongor Sand Dunes, one of Mongolia's largest and most spectacular dune systems, stretching over 130kms and rising up to 200 metres. Explore the golden dunes, hike to the summit for breathtaking views of the Gobi Desert and enjoy a spectacular sunset over the sweeping landscape. We visit a local camel-herding family to experience their traditional way of life and enjoy a ride on a two-humped Bactrian camel. Please note that the camel rides do not take place on the sand dunes themselves. We overnight at a ger camp near the dunes.
Approximate drive time today is 5 hours.
Accommodation: Gobi Erdene Camp or similar

17.08.27 Khongor Sand Dunes – Bayanzag

(B/L/D) After breakfast we travel to Bayanzag, known as the Flaming Cliffs. We travel across the vast landscapes of the Gobi Desert. This world-renowned paleontological site was made famous by explorer Roy Chapman Andrews in the 1920s. It is celebrated for its striking red sandstone cliffs, the location of the world's first discovery of fossilized dinosaur eggs, as well as numerous dinosaur skeletons and other remarkable prehistoric remains. Upon arrival we take a leisurely walk through the dramatic cliffs and surrounding saxaul forest, where the fiery red rock formations glow brilliantly in the late afternoon light. As the sun sets, the changing colours of the landscape create one of the Gobi's most unforgettable sights.
Dinner and overnight at a ger camp beneath the star-filled Gobi Desert sky.
Approximate drive time today is 4-5 hours.
Accommodation: Gobi Mirage or similar

18.08.27 Bayanzag – Ulaanbaatar

(B/L/D) This morning we drive to the Moltsog Sand Dunes, a beautiful area of rolling golden sands on the edge of the Gobi Desert. We will visit a local nomadic family to gain insight into their traditional way of life and experience their warm hospitality.
In the afternoon we continue to Dalanzadgad, the provincial capital of Umnugobi Province, and visit the newly established Umnugobi Museum.
In the evening, we fly back to Ulaanbaatar and then transfer to the hotel for a two night stay. Please note that the internal flights within Mongolia often have considerable time changes. If the scheduled evening flight is moved to the morning on this day, we will skip the Umnugobi Museum and visit another museum in Ulaanbaatar instead.
Approximate drive time today is 3 hours.
Accommodation: Best Western Premier Tuushin Hotel or similar

19.08.27 Ulaanbaatar - Giant Genghis Statue & City Tour

(B/L) After breakfast we visit the Genghis Khan Equestrian Statue Complex, home to the world's tallest equestrian statue. We explore the monument and enjoy panoramic views

of the surrounding steppe from the Observation Deck.
Following this we have a traditional Mongolian archery session led by a qualified instructor. We'll learn the fundamentals of this ancient nomadic skill. Afterwards we visit the Bogd Khan Winter Palace Museum, one of Mongolia's most significant historical landmarks and the former residence of the country's last king.
The remainder of the evening is at leisure.
Approximate drive time today is 3 hours.
Accommodation: Best Western Premier Tuushin Hotel or similar

20.08.27 Ulaanbaatar – Nomadic Show - Karakorum

(B/L/D) After breakfast we travel to Karakorum, the ancient capital of the Mongol Empire, founded by Genghis Khan in the 13th century. En route, stop at Mongol Nomadic Camp to enjoy a vibrant cultural show showcasing traditional Mongolian customs, lifestyle, and heritage passed down through generations.
After lunch we continue by road to Karakorum. Upon arrival we check into our accommodation and visit the Erdenesiin Khuree Calligraphy Centre, where we learn about the art and tradition of Mongolian calligraphy. After dinner, take part in a hands-on ger assembly and disassembly activity, offering a fun and authentic insight into the practical skills of nomadic life.
Approximate drive time today is 5-6 hours.
Accommodation: IKH Korum Hotel or similar

21.08.27 Karakorum

(B/L/D) For 140 years Karakorum served as the capital of the United Mongol tribes until it was destroyed by the Chinese troops in 1391. The remains of the capital that stood at the crossroads of the Silk Road are extensive underground archaeological assets and include two granite turtles that once stood at the main gate to the city. Four of these turtle sculptures were used to mark the boundaries of ancient Karakorum, acting as protectors of the city (turtles are considered symbols of eternity). In 1586, Erdene Zuu, the first Buddhist monastery in Mongolia was built on the ruins of the 13th century capital. The vast walls of 400m in length with 108 stupas surrounding the monastery are the symbol of Karakorum. Time and history were not merciful to Erdene Zuu Monastery but it still carries the traces of its former glory and provides a great insight into the rich religious and cultural past of Mongolia. We visit the legendary monastery Erdene Zuu, the first Buddhist monastery in Central Mongolia. We also visit the Museum of Karakorum and then Monument of the Kings overlooking the Orkhon River.
In the afternoon we visit a local nomadic family to learn about traditional customs, sample fresh dairy products, try airag if available (fermented mare's milk), and gain insight into their daily herding activities.
Approximate drive time today is 1-2 hours.
Accommodation: IKH Korum Hotel or similar

22.08.27 Karakorum – Ulaanbaatar

(B/L/D) After an early breakfast we drive back to Ulaanbaatar, enjoying the changing landscapes along the way. Upon arrival we have an included lunch before visiting the Institute of Palaeontology with a local expert to learn more about Mongolia's remarkable prehistoric discoveries. Following this we continue to a traditional Khoomei throat-singing workshop led by a local artist, offering an opportunity to discover this unique Mongolian musical tradition and its cultural significance. In the evening we enjoy a captivating traditional folklore performance featuring music, throat singing and other

elements of Mongolia's rich performing arts heritage. We conclude our journey with a special farewell dinner, celebrating the end of our Mongolian adventure.
Approximate drive time today is 5 hours.
Accommodation: Best Western Premier Tuushin Hotel or similar

23.08.27 (B) **Ulaanbaatar – South Korea - Australia**
This morning we transfer to the airport for our flights home.
Depart Ulaanbaatar at 1.00pm on KE 2044, arriving in Incheon at 5.10pm.
Sydney passengers depart Incheon at 7.10pm on KE 401, arriving in Sydney at 6.20am the next morning.
Brisbane passengers depart Incheon at 8.05pm on KE 407, arriving in Brisbane at 6.45am the next morning.

24.08.27 **Arrive Australia**
Flights arrive into Sydney and Brisbane this morning.

Please Note:
- There is a 15kg per person luggage limited on the domestic flight within Mongolia, being 10kg checked luggage and 5kg carry-on luggage. Amounts in excess of this will incur excess baggage charges by the airline. For this reason we suggest you bring a smaller bag for your time in the Gobi and your large luggage can be stored in Ulaanbaatar. Alternatively you can take all your luggage with you to the Gobi and it will be driven back to you in Ulaanbaatar. In this instance you won't receive your luggage until one full day after you arrive back in Ulaanbaatar.
- Please keep in mind that travelling in the countryside of Mongolia is often rough. Many parts of this tour are conducted in remote areas where there are no hotels and no paved roads exist. Only 6% of Mongolia's roads are paved.
- Accommodation in Mongolia (outside of Ulaanbaatar) will be in tourist camps.
- Efforts will be made to arrange private ensuite toilet & washing facilities at most camps, however we cannot guarantee this for all accommodation venues. It is possible that on some occasions, a shared toilet block and wash area will be all that is available.
- The flight schedule from Ulaanbaatar to the Gobi is subject to change, which means it is possible that the itinerary will need to be altered to fit with any possible changes.

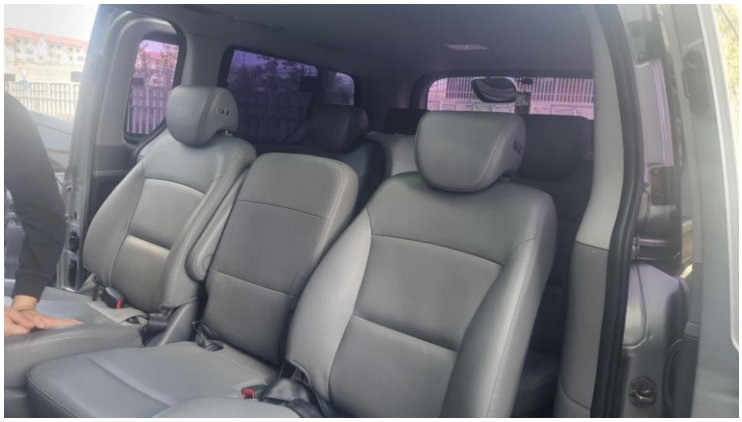
Typical vehicles used whilst in Mongolia - Each van has a driver/guide

Mitsubishi Delica

Interior

Hyundai Starex

Interior



The above vehicles are 8 seaters, and we will generally seat 4 -5 passengers in each vehicle.
There is also a larger Toyota Hiace which seats 7-8 passengers, if required.

Tour Difficulty Ratings & Advice

To ensure that you select the right tour for you, Macleay Valley Travel has provided a clear set of tour difficulty and fitness recommendations for our tours. The ratings, from 1, being the easiest, to 5 the most strenuous, will give you a good idea of what is reasonably required for you to be able to participate on each tour. Most tours require a moderate to good level of fitness, however there are others that are quite challenging. For your enjoyment of the tour, and also the enjoyment of your fellow travellers, please consider whether or not the suggested difficulty level for the tour you are interested in is compatible with your health and fitness.

1	2	3	4	5

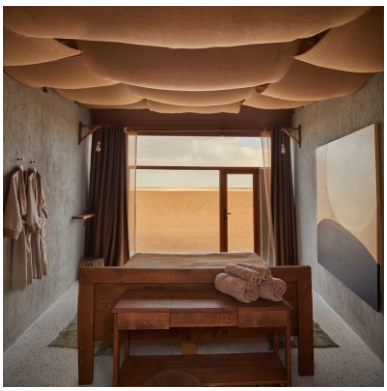
Tour Difficulty Level 4

This tour rating typically involves an above average level of physical activity, such as ascending stairs, getting into a bathtub shower, being responsible for your own luggage at airports and hotels, walking distances of up to 2 kilometres at a time over possible uneven ground. Walking tours of considerable distances should be expected on tours with this rating as well as early departures. The beds used within the gers can often be hard and hot water at the sites is not always reliable. Unfortunately this tour rating is not recommended for individuals who cannot walk unaided.

The camp information will give you an idea of the accommodation type and standards.
The camps are subject to change, but we aim to provide a similar standard where possible.

Gobi Caravanserai Lodge

Dundgovi Province in southern Mongolia is not on most people's radar, which is precisely the point. The Gobi Desert here is vast, dry, and almost completely silent - a semi-arid steppe that nomads have traditionally called the ‘Steppe to Get Lost.’ Gobi Caravanserai sits in the middle of it, next to a pale, eroded cliff formation that looks like it belongs on another planet, and offers 39 rooms, a reliable buffet, and one of the clearest night skies on earth.
The name isn't decorative. Caravanserais were the rest stops of the ancient Silk Road - waypoints where traders, travellers and their animals could shelter, eat and recover before pushing on. The lodge was built with a conservation mission embedded in its structure - solar panels for lighting, direct solar heating for hot water, gas for cooking, low-flow showerheads, compostable food waste, recycled glass, and a plastic-free policy that makes it the first lodge in Mongolia to do so. Organic produce is grown or sourced locally.



Gobi Mirage Ger Camp

The Gobi Mirage tourist camp was established in 2005 by a local couple who for over 10 years has been taking travelers to hidden corners of their mysterious homeland. The location allows easy access to the main attractions of the Gobi and the airport.

Gobi Erdene Camp

Gobi Erdene Camp is located in the Gurvan Saikhan National Park, the heart of the Gobi Desert. The camp is one of the best options for exploring the Khongoryn Els sand dunes, known as the Singing Dunes. The accommodation consists of rustic log cabins with private bathrooms. The camp has limited generator electricity during the evenings.

The main lodge is the social hub, with a restaurant serving Mongolian meals in addition to Western and Asian cuisine. There's also satellite TV and some games. Please note that this camp and others in this area are of a considerably lower standard than the other accommodation on this tour. The camps near the Khongor Sand Dunes have been operational for many years and they are getting a bit tired, but they are among the best available in the big dunes area. To visit the dunes means staying at one of these more modest camps.

Conditions for Macleay Valley Travel's Mongolia Adventure Tour

Deposits and Payments - A non-refundable deposit of $800 per person is payable within 7 days of booking. This deposit is not refundable should you later cancel. The balance is payable in full 8 weeks prior to departure. Macleay Valley Travel often has to adhere to strict payment deadlines and your booking on the tour may be cancelled if final payment is not received by the due date, with no refund applicable.

Refunds and Cancellations - Cancellations after final payment will result in a refund limited to whatever we can recoup from the airline. Any refund for a cancelled booking will not be paid until the airline(s) provide the refund to us.

Insurance - Adequate travel insurance that includes medical coverage for Covid-19 is required. We do not provide insurance. Please contact your preferred travel insurance provider. The responsibility to obtain adequate travel insurance rests with the passenger. Proof of your travel insurance is required to be presented to us on or before the final payment date of the tour.

Airline Tickets - With this tour, airline tickets will be issued very soon after booking. Please note that any changes made to airline tickets once they have been issued will likely incur high cancellation and/or reissue fees. These fees are typically set by the airline and are outside of our control.

Passports - All travellers require a passport with at least 6 months validity at the end of the tour. Non-Australian passport holders require a re-entry visa for Australia. No visas are required for this tour if travelling on an Australian passport.

Basic Tour Price and Taxes - Air taxes and fuel levies are included in the basic tour price if the tour is paid in full on or before the due date on the final invoice.

Not Included in the Cost - Travel insurance and all items of a personal nature such as telephone calls, drinks, excess baggage, tips, meals, (except those specified in the itinerary), covid-19 tests etc are not included in the cost.

Breakaway - All fully inclusive prices are based on group travel. A post tour deviation from the set itinerary may be permitted under certain circumstances. Please contact our office for prices. Pre-tour extensions are usually not permitted.

Health and Fitness - Macleay Valley Travel recommends that the passenger is reasonably healthy and/or fit to participate in this tour. Persons with a disability requiring special assistance must be accompanied by a companion. Macleay Valley Travel and their representatives cannot provide this service. The Health & Fitness Questionnaire located on the last page of this itinerary needs to be completed in full by each passenger and accompany your booking form. Macleay Valley Travel reserves the right to accept/decline or terminate a passenger's participation in the tour under certain circumstances. It is recommended that you are fully vaccinated against Covid-19, but this is not mandatory. Passengers must comply with any specific Covid-19 requirements that may be imposed by airlines and/or authorities of the destinations visited. Please keep in mind that travelling in the countryside of Mongolia is often rough. Many parts of this tour are conducted in remote areas where there are no hotels and no paved roads exist. Only 6% of Mongolia's roads are paved.

Accreditation - Macleay Valley Travel is a fully accredited travel agency under the AFTA (Australian Federation of Travel Agents) ATAI - AFTA Travel Accreditation Scheme. As such, you are assured of a consumer focused and quality assured business, ensuring professional conduct and ethical business practices.

Disclosure of fees or commissions received from third parties - Macleay Valley Travel Pty Ltd may receive fees, commissions, gifts or financial incentives from third parties under this contract.

Airline Seating – Online check-in is available from 48 hours before your flight. Standard seat selection can be arranged during this time free of charge, based on airline availability. If you wish to be pre-seated before this time, extra fees will likely apply.

Twin Share Bookings – If you do not have a travel partner, but wish to travel at twin share rates, we will try and assign you with another traveller but this is not guaranteed. We assign passengers by their gender, on a first come, first served basis and do not assign twin share passengers according to their age, profession, interests etc. There are risks with sharing a room with a person you do not know, and Macleay Valley Travel accepts no responsibility if you are incompatible with your assigned room mate. If you are assigned a travelling companion and they cancel off the tour prior to making the final payment, then you will either be required to pay the single room supplement or we will try our best to assign you with another twin share passenger, if one is available.

Limitation of Liability concerning Covid-19 - There may be outbreak(s) of Covid-19 during this tour. Whilst we take necessary safety precautions, Macleay Valley Travel cannot be held responsible for any quarantines or other associated costs brought about by quarantines, border closures and/or travel delays. You are aware that Covid-19 is a highly contagious and dangerous disease that may result in significant personal illness and even death. You acknowledge that you are participating in the tour with knowledge of the inherent risks of Covid-19, and you agree to assume all risks.

Limitation of Liability - As Macleay Valley Travel acts only as agent for the Airlines, Hotels, Coach Companies etc., providing accommodation, transportation and other services, Macleay Valley Travel shall not be liable or responsible for death or injury to any person or loss or damage to any property including baggage arising out of or connection with any transportation, accommodation or other services, or resulting directly or indirectly from acts of God, fire, breakdown in machinery or equipment, acts of Government or other authorities, de jure or defacto wars, whether declared or not, hostilities, civil disturbances, strikes, riots, thefts, epidemics, pandemics, endemics, quarantines, medical or customs regulations, delays or cancellations caused by changes in schedules or itinerary, or over bookings or defaults or for any causes beyond Macleay Valley Travel's control or any loss or damage resulting from improper or insufficient passports, visas or other documents and neither Macleay Valley Travel, and its servants or employees shall be or become liable or responsible for any additional expenses or liability sustained or incurred by the tour member as a result of the foregoing causes. Additionally, you must meet the entry requirements for each country you visit. Macleay Valley Travel will not be liable if you are denied entry to a country for any reason, including a past criminal history. Macleay Valley Travel reserves the right to decline bookings made for any group tour. Any tour booking confirmation is conditional, contingent on our view of the ability of a person to be able to participate in a tour without the likelihood of conflict between members of a tour whether perceived or actual. Macleay Valley Travel reserves the right to modify the itinerary or the accommodation if circumstances make this necessary, provided that the amended itinerary is of equal value or greater value than that of the original program.

MACLEAY VALLEY TRAVEL - BOOKING FORM

PLEASE PRINT DETAILS CLEARLY IN BLOCK LETTERS AND ALSO

A PHOTOCOPY OF YOUR PASSPORT MUST BE SENT WITH BOOKING FORM

Name of Tour :_____ Departure Date:_____

Passenger 1 (as written in passport)_____

Title: **Mr. Mrs. Ms. Miss. Dr.** _____ Age: _____ Date of Birth:_____

Passenger 2 (as written in passport)_____

Title: **Mr. Mrs. Ms. Miss. Dr.** _____ Age:_____ Date of Birth:_____

Postal Address: _____

_____**PostCode**_____**Email**_____

Telephone Number:_____**Mobile**_____

Passport Number:_____ Expiry Date:_____

Passport Number:_____ Expiry Date:_____

Passport Nationality:_____ Preferred Name:_____

Passport Nationality_____ Preferred Name:_____

(Passport must have 6 months validity from the time of tour completion)

Single room / Twin beds / Double bed: (Room type is subject to availability)

Circle which airport you wish to depart from: SYDNEY / BRISBANE

Any existing medical conditions – Passenger 1:_____ Passenger 2:_____

Special Dietary Needs – Passenger 1:_____ Passenger 2:_____

Optional Extensions:_____

In case of emergency, please notify :

Name:_____Relationship:_____

Address:_____

Phone Number:_____

Please return this sheet with your non-refundable deposit of $800 per person and the health & fitness form.

DECLARATION. I have read and understand fully the booking conditions and I accept them.

Signature:_____ Date:_____

A copy of passport is required to verify spelling of name. If this is not provided and the information we have for the airline is incorrect and ticket is issued, then the airline will charge a reissue fee.

HEALTH & FITNESS QUESTIONNAIRE

Macleay Valley Travel strives to make our tours enjoyable experiences for all passengers, however some countries and tour services lack the standards that you can typically expect in Australia.

To help ensure your personal safety and enjoyment on tour, please answer the following questions. The information you provide will be treated confidentially and will be used to check that the transportation, accommodation and facilities on tour are suitable for you:

1. Do you have any allergies? Yes / No
If yes, please provide details and severity:_____

2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes / No

3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes / No
If no, please provide details about these limitations:_____

4. Do you use a mobility aid? Yes / No
If yes, please provide details:_____
_____

5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No
If yes, please provide the name of your carer/companion and your relationship to them:_____

6. Are you taking any medical equipment to assist you? Yes / No
If yes, please provide details:_____

7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No
If yes, please provide details:_____
_____

8. Are you asthmatic or do you have other breathing difficulties? Yes / No
If yes, please provide details (travelling to high altitudes is not recommended):_____

9. Do you require supplementary oxygen? Yes / No

10. Are you currently taking medication? Yes / No
If yes, are you able to administer your own medication? Yes / No

11. If you have any other medical information that is not covered in the previous questions, please provide a description here:_____

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

DISCLAIMER

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name:_____

Signature:_____

Date:_____

HEALTH & FITNESS QUESTIONNAIRE

Macleay Valley Travel strives to make our tours enjoyable experiences for all passengers, however some countries and tour services lack the standards that you can typically expect in Australia.

To help ensure your personal safety and enjoyment on tour, please answer the following questions. The information you provide will be treated confidentially and will be used to check that the transportation, accommodation and facilities on tour are suitable for you:

1. Do you have any allergies? Yes / No
If yes, please provide details and severity:_____

2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes / No

3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes / No
If no, please provide details about these limitations:_____

4. Do you use a mobility aid? Yes / No
If yes, please provide details:_____
_____

5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No
If yes, please provide the name of your carer/companion and your relationship to them:_____

6. Are you taking any medical equipment to assist you? Yes / No
If yes, please provide details:_____

7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No
If yes, please provide details:_____
_____

8. Are you asthmatic or do you have other breathing difficulties? Yes / No
If yes, please provide details (travelling to high altitudes is not recommended):_____

9. Do you require supplementary oxygen? Yes / No

10. Are you currently taking medication? Yes / No
If yes, are you able to administer your own medication? Yes / No

11. If you have any other medical information that is not covered in the previous questions, please provide a description here:_____

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

DISCLAIMER

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name:_____

Signature:_____

Date:_____